

Unfortunately, there are times when one may experience a psychological or medical crisis while enrolled at school. It is our belief that your mental and physical health should always be a priority. In the event of a crisis, many students will find themselves needing to be away from school for a period of time. In these situations, we suggest that you, or a trusted member of your family, reach out to your MGSA Advisor and or the Office of the Dean of Students- Advocacy, Outreach and Support as soon as possible. There are resources available on campus to help students navigate through troubling times. In many instances, the best decision may be a temporary Leave of Absence so that the focus is on wellness before returning to the rigors of the curriculum. There are financial and academic implications of a leave of absence, as well as strict deadlines for filing for extensions, appeals, and leaves, so please be sure to reach out to your MGSA advisor as soon as possible.

Additional information on resources available following a traumatic event may be found [here](#) and information regarding the Rutgers Community-Based Counselors can be found [here](#)