

Summer Camps/Groups Specialized Dietary Needs Procedure

*All campers/summer group members who identify themselves as having specialized dietary needs (i.e. food allergies, gluten free diet, diabetic diet, etc) are to be referred to the Dining Services Nutritionist **at least two weeks prior** to the start of camp. Contact information for the Nutritionist is listed above. A *Medical and Dietary Consideration* form must be completed two weeks prior to the first day of the camp/group.

*The Nutritionist will speak directly with the camper/group member/parent to develop a Nutrition Care Plan and/or menus to satisfy the specialized dietary requirements documented by a physician.

*The dietary/menu information will be communicated with the appropriate dining hall and catering management staff.

Dining Hall or Catering Management will confirm communication regarding specialized meal request via email. Catering contracts indicating a specialized meal will be sent to the Nutritionist for review.

*When warranted, meals will be individually prepared, plated and labeled with the individual's name. Upon entering the dining hall or catered event, the individual is to request a manager to retrieve their meal.

*It is the responsibility of the individual to bring with him/her any snacks to be consumed outside of the dining hall as food from the dining hall is not allowed to be taken out.

*Dining Services is only responsible for meals prepared and served through Rutgers Dining Services. Meals received from outside vendors/facilities are not verified by the Dining Services Nutritionist.